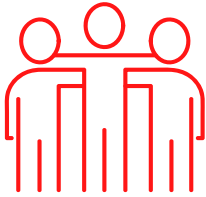


**"I can't drive and I live alone. Meals on Wheels gives me at least one good meal a day delivered by loving volunteers."** From clients to family members, we hear the stories of how our services are bettering lives. Your support of Meals on Wheels of Columbia has allowed us to touch the lives of 357 friends in 2021. We hope that you know how much your continued support has meant to each individual we serve. Thank you so much for giving to our mission now and in the future!

**211**  
Active  
Volunteers



## BY THE NUMBERS

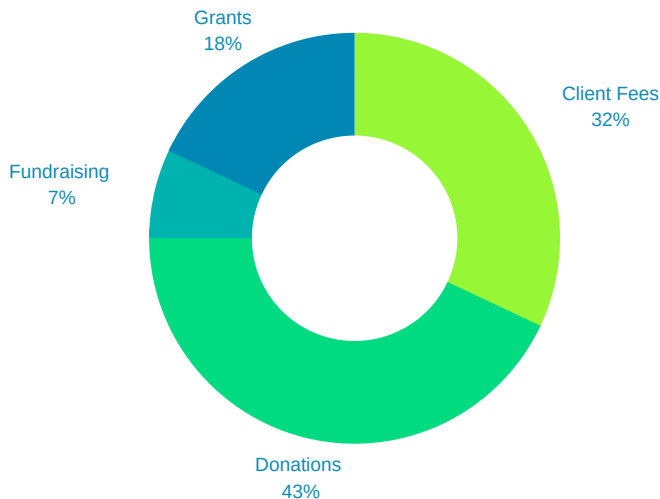
**11,164**  
Volunteer  
Service Hours



**37,849**  
Meals  
Delivered



## SOURCES OF FUNDING



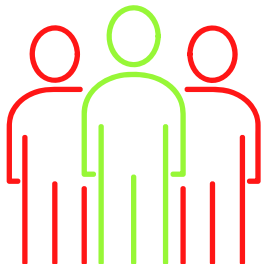
## THE PEOPLE WE SERVE

- 100% of clients indicate MOW assists them with basic nutritional needs
- 98% of clients say MOW contributes to living independently

"MOW provides me with nutritious, reliable lunches. Since I can no longer cook for myself, MoW is an important source of food and helps me stay independent in my home. The drivers are all exceptional and interesting to talk with."  
85 year old client

## WE COULDN'T DO WHAT WE DO WITHOUT

**219**  
Individual  
Donors



**28**  
Business  
Donors



**9**  
Business  
Partners

