

MEALS ON WHEELS of Columbia



**2022
BOARD OF DIRECTORS:**

Amanda Reynolds
President

Mark Mills
Vice President

Sally Robinson
Secretary

Brian Dial
Treasurer

Ron Carter
Adam Kruse
Janelle Patterson
Jennifer Peck
Sally Robinson
Ed Schnedler
Kristen Shay
Megan Toalson
Brian Waller
Joe Weston

Advisory Board:
Kelly Mescher

Ex Officio Members:
Keri Thoroughman

Teri Walden
Executive Director
800 Hospital Drive
Columbia, MO 65201

Hans Juengermann
Office Manager

573-886-7554
573-814-6363 FAX
mowheels@gmail.com
www.mealsonwheelscolumbia.org

*A 501(c)(3) non-profit agency
funded by client fees, local
individuals/organizations,
and the City of Columbia.*



August, 2022

Dear Meals on Wheels Supporters,

As the new Executive Director here at Meals on Wheels, I get to witness the marvel of over 500 weekly meals going out to individuals in Columbia. It all starts with hearing from worried sons, daughters, spouses, friends who call asking for food support for their loved one. We process the request in the office, putting information into our software, making sure we record their specific diet needs. Then, we communicate to the cafeteria staff in the VA Hospital who make a nutritious meal. Then, the daily volunteers from all walks of life show up to take the delivery bags to the treasured client who answers the knock on the door. Life-sustaining food is delivered and received.

Truly our mission is active and making a huge difference. We conducted a survey recently and received many affirming statements such as "At my age, fixing meals is a chore, especially after my fall."; "MOW meals are well-balanced and very nutritious."; "I depend on it." All good words to serve by.

I am also in awe of the fact that Meals on Wheels of Columbia is celebrating its **50th year anniversary**. On November 6, 1972, 14 clients were served by a small group of volunteers who recognized a need for home-delivered meals to the most vulnerable. In 1977, a rapid growth of the program necessitated a move to a local church where 150 meals were prepared each day. A cold supper program was instituted at this time. In 1996, another move was made before a contract was established in 1998 with the Truman Veteran's Hospital where we purchase the meals for our clients and pay for office space.

Today, we continue on with our mission, honoring all the past efforts. Of course, we would not be where we are today without our financial supporters – you. You have helped these 50 years happen. Because of you, Meals on Wheels of Columbia is able to honor its past, serve in the present and look forward to a continued future. Amanda, our Board President, and I celebrate *your work*.

Thank you for considering another financial gift to help our mission continue.
You are appreciated!

Sincerely,

Teri Walden

Teri Walden
Executive Director

Amanda Reynolds

Amanda Reynolds
Board of Directors President